



TURN THE PAGE COUNSELLING

**Emotional Support for
Children, Young People and
their Families**

**School Counselling Services:
Play Therapy**



1-1 therapy sessions delivered by our highly trained and qualified play therapy specialists.

Play therapy is aimed at engaging younger children, aged 5-11 years old, in exploring their thoughts and feelings through play and play activities.

A powerful and evidence-based approach to supporting emotional growth and development in children. 12 sessions recommended initially.

Contact us:

Tel: 07746-217-066

Email: Joanna-

turnthepagecounselling@hotmail.com

Website: www.turnthepagecounselling.co.uk

