



TURN THE PAGE COUNSELLING

**Emotional Support for
Children, Young People and
their Families**

School Counselling services: Group Therapy

Small groups (max 6) delivered by qualified therapists working through common themes:

- Friendship difficulties
- Year 6 transition
- Low motivation and behaviour difficulties
- Body Image & low self-esteem
- Managing worries & anxieties



Group Work & Psychoeducation

Our counselling team are also available to deliver whole year group assemblies and large group (up to 12) workshops on managing exam related stress & anxiety

Contact us:

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